

## Hiking and biking E4, in Zorba trails

Plan Days 5

Starting from Hotel Katafigi, enjoy five days in the Pieria Mountains with hiking, cycling, gastronomy and much more!

By: Wondergreece Traveler

## **PLAN SUMMARY**



### Day 1 × 1. Thessaloniki International Airport "Macedonia" About region/Access & Useful info 2. Hotel Katafigi Accommodation Day 2 × 1. Hotel Katafigi Accommodation 2. Katafigio - Katsaradika - Katafigio Interests & activities/Mountain bike 3. Hotel Katafigi Accommodation Day 3 × 1. Hotel Katafigi Accommodation 2. Katafigio - Top of Flampouro - Katafigio Interests & activities/Hiking 3. Metohi Velventou - Katafigio - Katafigio S.E.O Kozanis (1945m) Interests & activities/Hiking 4. Refuge SEO Kozani - peak Flampouro 2193m Interests & activities/Hiking 5. Hotel Katafigi Accommodation Day 4 × 1. Hotel Katafigi Accommodation Day 5 × 1. Hotel Katafigi Accommodation

2. Thessaloniki International Airport

About region/Access & Useful info

"Macedonia"





## 1. Thessaloniki International Airport "Macedonia"

Aπόσταση: Start -Χρόνος:

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GPS: N40.5238784, W22.9764089999999

About region / Access & Useful info

**Note:** We pick you from the airport. The drive to the Hotel Katafigi is about 3 hours! The excursion begins!



2. Hotel Katafigi Accommodation



**Απόσταση:**by car 148.6km **Χρόνος:**2h13΄

GPS: N40.262066308140575, W22.141252737542686

**Note:** Settle in your rooms, relaxation time and depending on the time of arrival we enjoy lunch or dinner!





1. Hotel Katafigi
Accommodation



**Απόσταση: Start** -**Χρόνος:** 

tho

GPS: N40.262066308140575, W22.141252737542686





2. Katafigio - Katsaradika - Katafigio Interests & activities / Mountain bike



**Απόσταση:**on foot 0.0km **Χρόνος:**00'

GPS: N40.262074495276025, W22.141231279870567

**Note:** We will climb up to 1680 meters! On the lovely route and will learn about the flora of the region. We will rest in Katsaradika where we will enjoy a picnic that we have prepared for you! Cold sandwich with high quality cold cuts, cheese and natural fruit juice to replenish forces. Necessary to fill the batteries again!! Following is excellent downhill 7 kilometers!!



3. Hotel Katafigi Accommodation



**Απόσταση:**on foot 0.0km **Χρόνος:**00'

GPS: N40.262066308140575, W22.141252737542686

**Note:** Back at the hotel after our visit and home of Alexis Zorba! Time to relax! 19:00-22:00 enjoy our dinner with local recipes!





Flampouro!

1. Hotel Katafigi Accommodation

Note: Breakfast!! 7-9 today! Preparing for the peak of



Απόσταση:

Start -

Χρόνος:

GPS: N40.262066308140575, W22.141252737542686



2. Katafigio - Top of Flampouro - Katafigio 💌 Interests & activities / Hiking

Απόσταση: on foot 0.0km Χρόνος: 00'

GPS: N40.26206630814055, W22.141231279870567

Note: A wonderful journey takes us to the Refuge of EOS Kozani! After we just have to conquer the top! Overall we will need 3.5 hours! The view will amaze you! Picnic at the top with views of Mount Olympus and Western Macedonia! Unique experience!



3. Metohi Velventou - Katafigio - Katafigio 💌 S.E.O Kozanis (1945m) Interests & activities / Hiking

Απόσταση: on foot 22.6km Χρόνος: 6h21'

GPS: N40.25078099410692, W22.086594903796367

Note: We will follow this route but starting from the village Katafygio! The calculated distances are from the highway! We will follow the wonderful trails!



4. Refuge SEO Kozani - peak Flampouro 2193m Interests & activities / Hiking

Χρόνος:

Απόσταση: on foot 30.0km

GPS: N40.24066993951162. W22.168933134576378

Note: The route from SEO Kozani to the top!



5. Hotel Katafigi Accommodation



Απόσταση: by car 8.4km Χρόνος:

GPS: N40.262066308140575, W22.141252737542686

Note: Back at the hotel! Time to rest! 19:00-22:00 enjoy our dinner with local recipes!





1. Hotel Katafigi
Accommodation



Απόσταση:

Start -

Χρόνος:

GPS: N40.262066308140575, W22.141252737542686

Note: Breakfast 7-9! This day has activities in our facilities!
9-10: preparing for the cooking class with recipes from
Macedonia - Crete - Thessaly and Greek pastries. 10-12.30:
presentation of gastronomy of the region, raw materials, etc.
12:30: -14:30: time for cooking! After finishing what better than
to taste our creations!! So time for lunch! For those not want to
attend cooking classes can indulge in archery! The rest of the
day is free for strolling in the village! In the evening we have
Greek night!





1. Hotel Katafigi
Accommodation

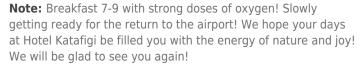


Απόσταση:

Start -

Χρόνος:

GPS: N40.262066308140575, W22.141252737542686





# 2. Thessaloniki International Airport "Macedonia" About region / Access & Useful info



**Απόσταση:**by car 148.4km **Χρόνος:**2h14'

GPS: N40.5238784, W22.97640899999999

## Πρόσβαση και Χρήσιμες πληροφορίες



#### **Thessaloniki Prefecture**

#### **Access**

**By car**: The prefecture of Thessaloniki can be easily accessed by car and its capital, Thessaloniki, is 503km from Athens, 70km from Katerini, 153km from Kavala, 301 km from Alexandroupolis and 260km from Ioannina.

**By plane**: Thessaloniki has the second largest airport of Greece, the International Airport "Macedonia", which receives both domestic flights (Athens, Chios, Chania, Heraklion, Karpathos, Corfu, Kos, Mykonos, Mytilini, Samos, Santorini and Rhodes) and flights from airports abroad (Cyprus, Italy, France, Germany, Russia, etc.). The airport (14 km.) can be also accessed by the bus lines 8 and 78N (night) from the center of Thessaloniki.

T: (+30) 2310 985000, 473212, 473312, 985177, 985188

**By boat**: Thessaloniki has a ferry connection with the islands of the Aegean and the frequency of the itineraries varies depending on the season. Some of the ports from where depart itineraries to Thessaloniki are: Chios, Mytilini, Limnos, Skiathos, Skopelos, Volos, Vathi in Samos, Rhodes, Kos, Ikaria and Heraklion.

For information call port authorities of Thessaloniki

T: (+30) 2313 325821-4

**By train**: Thessaloniki has a railway station, which connects the city with Athens and intermediate stations as well as the northeastern part of Greece.

28 Monastiriou Street (2km from the city center)

T: (+30) 2310 517517

For itineraries information: 1110

www.trainose.gr

**By bus**: Thessaloniki has a very frequent bus connection with Athens and other big cities. For itineraries information call 14505. Interurban station Macedonia: It is located 5km to the west of the city center. On its website, you will see a map of all the cities with which there is a bus connection.

www.ktelmacedonia.gr

Bus station Thessaloniki (KTEL): For itineraries Thessaloniki-Athens

T: (+30) 2310 500111

www.ktel-thes.ar

Bus station Chalkidiki (KTEL): For itineraries Thessaloniki-Chalkidiki. The bus station is located on the 9km of the Thessaloniki-Neon Moudanion Highway.

T: (+30) 2310 316555, 316565

www.ktel-chalkidikis.gr

#### **Useful telephone numbers**

#### **Health Services**

Emergency call: 166

On Duty Hospitals and Pharmacies: 1434

General Hospital "Hippokration": (+30) 2310 3312000 General Hospital "Agios Dimitrios": (+30) 2313 322100

General Hospital "Genimatas Georgios»: (+30) 2313 308100/963100 General Hospital "Georgios Papanikolaou": (+30) 2313 307000 University Hospital "AHEPA": (+30) 2313 303110-1/303310

Hospital "Agios Pavlos": (+30) 2313 304400

General Hospital "Papageorgiou": (+30) 2310 693000

Municipalities

Municipality of Thessaloniki: (+30) 2310 877777/877099

Municipality of Ambelokipi: (+30) 2313 313600-2

Municipality of Kalamaria: (+30) 2313 314110-12 Municipality of Kordelio-Evosmos: (+30) 2313 302100 Municipality of Neapoli-Sikeon: (+30) 2313 313201 Municipality of Chalkidona: (+30) 23913 30101-2 Prefecture of Thessaloniki: (+30) 2310 413651

**Police Authorities** Emergency call: 100

Police station: (+30) 2310 388000, 388006-7, 388009

Tourist police: (+30) 2310 554871, 554874 Traffic police: (+30) 2310 250740, 251907

**Port Authorities** 

Port authority: (+30) 2313 325821-4

**Fire Services, Forestry** Emergency call: 199

Fire service: (+30) 2313 326121 Forestry: (+30) 2310 545585, 545595

**Transportations** 

Airport Thessaloniki Macedonia: (+30) 2310 985000, 473212, 473312

Bus station: (+30) 2310 500111

Urban Transportation of Thessaloniki: (+30) 2310 981100

Train station: (+30) 2310 517517-8

Taxi:

Thessaloniki: (+30) 2310 551525 Lefkos Pyrgos: (+30) 2310 214900 Macedonia: (+30) 2310 550500 Megas Alexandros: (+30) 2310 866866 Mercedes Club: (+30) 2310 525000 Omega: (+30) 2310 511855

## Πρόσβαση και Χρήσιμες πληροφορίες



#### **Kozani Prefecture**

#### **Access**

**By car:** The distance from the capital of Kozani Prefecture to Athens is about 480km and to Thessaloniki just 125km and the road network is in a great condition.

By bus: To reach Kozani Prefecture, except with your own mean, you can also use Kozani Buses.

http://www.ktelkozanis.gr/Home.aspx

**By train:** If you prefer a route among the magnificent nature you can travel by train. For further itineraries and price information:

http://www.trainose.gr/en

**By plane:** Kozani's airport "Filippos" connects the prefecture with Athens four times a week with a half an hour to forty-five minutes flight.

#### **Useful telephone numbers**

#### **Health Services**

Ambulances: 166

General Hospital of Kozani "Mamatseio": (+30) 24610 67600 General Hospital "Bodosakeio": (+30) 24630 54000, 54006

Health Center of Tsotyli: (+30) 24683 50000 Health Center of Siatista: (+30) 24653 50000 Health Center of Servia: (+30) 24643 50000

Municipality

Kozani City Hall: (+30) 24613 50300 Municipality of Voio: (+30) 24653 50100

Municipality of Eordaia: (+30) 24633 50100, 50107 Municipality of Velvedo-Servia: (+30) 24643 50104

**Police Authorities** 

Kozani Police Department: (+30) 24610 54420, 54457

Security Department: (+30) 24610 54438 Traffic Department: (+30) 24610 54441

Fire Service, Forestry

Fire Service: 199

Kozani Fire Service: (+30) 24610 26600 Ptolemaida Fire Service: (+30) 24630 81445-6 Kozani Forest Department: (+30) 24610 53448

Kozani Forestry: (+30) 24610 53443

**Transportation** 

Kozani Buses: (+30) 24610 34454

Kozani Railway: (+30) 24610 34563, 36067

Taxi

Kozani: (+30) 24610 40500, 40513, 34605

Neapoli: (+30) 24680 22508 Servia: (+30) 6977824253 Tsotyli: (+30) 24680 31617