WONDERGREECE

Hiking and biking E4, in Zorba trails

Plan Days 5

Starting from Hotel Katafigi, enjoy five days in the Pieria Mountains with hiking, cycling, gastronomy and much more!

By: Wondergreece Traveler

PLAN SUMMARY

WONDERGREECE

Day 1

1. Thessaloniki International Airport “Macedonia”
   About region/Access & Useful info
2. Hotel Katafigi
   Accommodation

Day 2

1. Hotel Katafigi
   Accommodation
2. Katafigio - Katsaradika - Katafigio
   Interests & activities/Mountain bike
3. Hotel Katafigi
   Accommodation

Day 3

1. Hotel Katafigi
   Accommodation
2. Katafigio - Top of Flampouro - Katafigio
   Interests & activities/Hiking
3. Metohi Velventou - Katafigio - Katafigio S.E.O Kozanis (1945m)
   Interests & activities/Hiking
4. Refuge SEO Kozani - peak Flampouro 2193m
   Interests & activities/Hiking
5. Hotel Katafigi
   Accommodation

Day 4

1. Hotel Katafigi
   Accommodation

Day 5

1. Hotel Katafigi
   Accommodation
2. Thessaloniki International Airport “Macedonia”
   About region/Access & Useful info

Day 1

WONDERGREECE



1. Thessaloniki International Airport “Macedonia”

About region / Access & Useful info

Απόσταση:
Start -
Χρόνος:
-

GPS: N40.5238784, W22.97640899999999

Note: We pick you from the airport. The drive to the Hotel Katafigi is about 3 hours! The excursion begins!



2. Hotel Katafigi

Accommodation

Απόσταση:
by car 148.6km
Χρόνος:
2h13′

GPS: N40.262066308140575, W22.141252737542686

Note: Settle in your rooms, relaxation time and depending on the time of arrival we enjoy lunch or dinner!

Day 2



1. Hotel Katafigi

Accommodation

Απόσταση:
Start -
Χρόνος:
-

GPS: N40.262066308140575, W22.141252737542686

Note: From 7-10 you can enjoy your breakfast with homemade creations from fine local ingredients! Stand out: pies, trachanas, cookies and bread, jam, fruit compote, local hoecake pie, Olympus honey and natural tea of our mountain. All handmade and chosen with care. Get powers! We will explore the Pieria Mountains with mountain bike !!



2. Katafigio - Katsaradika - Katafigio

Interests & activities / Mountain bike

Απόσταση:
on foot 0.0km
Χρόνος:
00΄

GPS: N40.262074495276025, W22.141231279870567

Note: We will climb up to 1680 meters! On the lovely route and will learn about the flora of the region. We will rest in Katsaradika where we will enjoy a picnic that we have prepared for you! Cold sandwich with high quality cold cuts, cheese and natural fruit juice to replenish forces. Necessary to fill the batteries again!! Following is excellent downhill 7 kilometers!!



3. Hotel Katafigi

Accommodation

Απόσταση:
on foot 0.0km
Χρόνος:
00΄

GPS: N40.262066308140575, W22.141252737542686

Note: Back at the hotel after our visit and home of Alexis Zorba! Time to relax! 19:00-22:00 enjoy our dinner with local recipes!

Day 3

WONDERGREECE



1. Hotel Katafigi

Accommodation

Απόσταση:
Start -
Χρόνος:
-

GPS: N40.262066308140575, W22.141252737542686

Note: Breakfast!! 7-9 today! Preparing for the peak of Flampouro!



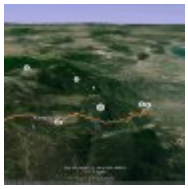
2. Katafigio - Top of Flampouro - Katafigio

Interests & activities / Hiking

Απόσταση:
on foot 0.0km
Χρόνος:
00΄

GPS: N40.26206630814055, W22.141231279870567

Note: A wonderful journey takes us to the Refuge of EOS Kozani! After we just have to conquer the top! Overall we will need 3.5 hours! The view will amaze you! Picnic at the top with views of Mount Olympus and Western Macedonia! Unique experience!



3. Metohi Velventou - Katafigio - Katafigio S.E.O Kozanis (1945m)

Interests & activities / Hiking

Απόσταση:
on foot 22.6km
Χρόνος:
6h21΄

GPS: N40.25078099410692, W22.086594903796367

Note: We will follow this route but starting from the village Katafygio! The calculated distances are from the highway! We will follow the wonderful trails!



4. Refuge SEO Kozani - peak Flampouro 2193m

Interests & activities / Hiking

Απόσταση:
on foot 30.0km
Χρόνος:
7h31΄

GPS: N40.24066993951162, W22.168933134576378

Note: The route from SEO Kozani to the top!



5. Hotel Katafigi

Accommodation

Απόσταση:
by car 8.4km
Χρόνος:
19΄

GPS: N40.262066308140575, W22.141252737542686

Note: Back at the hotel! Time to rest! 19:00-22:00 enjoy our dinner with local recipes!

Day 4



1. Hotel Katafigi

Accommodation

Απόσταση:
Start -
Χρόνος:
-

GPS: N40.262066308140575, W22.141252737542686

Note: Breakfast 7-9! This day has activities in our facilities! 9-10: preparing for the cooking class with recipes from Macedonia - Crete - Thessaly and Greek pastries. 10-12.30: presentation of gastronomy of the region, raw materials, etc. 12:30: -14:30: time for cooking! After finishing what better than to taste our creations !! So time for lunch! For those not want to attend cooking classes can indulge in archery! The rest of the day is free for strolling in the village! In the evening we have Greek night!

Day 5

WONDERGREECE



1. Hotel Katafigi

Accommodation

Απόσταση:
Start -
Χρόνος:
-

GPS: N40.262066308140575, W22.141252737542686

Note: Breakfast 7-9 with strong doses of oxygen! Slowly getting ready for the return to the airport! We hope your days at Hotel Katafigi be filled you with the energy of nature and joy! We will be glad to see you again!

2. Thessaloniki International Airport “Macedonia”

About region / Access & Useful info

Απόσταση:
by car 148.4km
Χρόνος:
2h14′

GPS: N40.5238784, W22.97640899999999

Thessaloniki Prefecture

Access

By car: The prefecture of Thessaloniki can be easily accessed by car and its capital, Thessaloniki, is 503km from Athens, 70km from Katerini, 153km from Kavala, 301 km from Alexandroupolis and 260km from Ioannina.

By plane: Thessaloniki has the second largest airport of Greece, the International Airport "Macedonia", which receives both domestic flights (Athens, Chios, Chania, Heraklion, Karpathos, Corfu, Kos, Mykonos, Mytilini, Samos, Santorini and Rhodes) and flights from airports abroad (Cyprus, Italy, France, Germany, Russia, etc.). The airport (14 km.) can be also accessed by the bus lines 8 and 78N (night) from the center of Thessaloniki.
T: (+30) 2310 985000, 473212, 473312, 985177, 985188

By boat: Thessaloniki has a ferry connection with the islands of the Aegean and the frequency of the itineraries varies depending on the season. Some of the ports from where depart itineraries to Thessaloniki are: Chios, Mytilini, Limnos, Skiathos, Skopelos, Volos, Vathi in Samos, Rhodes, Kos, Ikaria and Heraklion.
For information call port authorities of Thessaloniki
T: (+30) 2313 325821-4

By train: Thessaloniki has a railway station, which connects the city with Athens and intermediate stations as well as the northeastern part of Greece.
28 Monastiriou Street (2km from the city center)
T: (+30) 2310 517517
For itineraries information: 1110
www.trainose.gr

By bus: Thessaloniki has a very frequent bus connection with Athens and other big cities. For itineraries information call 14505.
Interurban station Macedonia: It is located 5km to the west of the city center. On its website, you will see a map of all the cities with which there is a bus connection.
www.ktelmacedonia.gr
Bus station Thessaloniki (KTEL): For itineraries Thessaloniki-Athens
T: (+30) 2310 500111
www.ktel-thes.gr
Bus station Chalkidiki (KTEL): For itineraries Thessaloniki-Chalkidiki. The bus station is located on the 9km of the Thessaloniki-Neon Moudanion Highway.
T: (+30) 2310 316555, 316565
www.ktel-chalkidikis.gr

Useful telephone numbers

Health Services
Emergency call: 166
On Duty Hospitals and Pharmacies: 1434
General Hospital "Hippokration": (+30) 2310 3312000
General Hospital "Agios Dimitrios": (+30) 2313 322100
General Hospital "Genimatas Georgios»: (+30) 2313 308100/963100
General Hospital "Georgios Papanikolaou": (+30) 2313 307000
University Hospital "AHEPA": (+30) 2313 303110-1/303310
Hospital "Agios Pavlos": (+30) 2313 304400
General Hospital "Papageorgiou": (+30) 2310 693000
Municipalities
Municipality of Thessaloniki: (+30) 2310 877777/877099
Municipality of Ambelokipi: (+30) 2313 313600-2

Municipality of Kalamaria: (+30) 2313 314110-12
Municipality of Kordelio-Evosmos: (+30) 2313 302100
Municipality of Neapoli-Sikeon: (+30) 2313 313201
Municipality of Chalkidona: (+30) 23913 30101-2
Prefecture of Thessaloniki: (+30) 2310 413651

Police Authorities

Emergency call: 100
Police station: (+30) 2310 388000, 388006-7, 388009
Tourist police: (+30) 2310 554871, 554874
Traffic police: (+30) 2310 250740, 251907

Port Authorities

Port authority: (+30) 2313 325821-4

Fire Services, Forestry

Emergency call: 199
Fire service: (+30) 2313 326121
Forestry: (+30) 2310 545585, 545595

Transportations

Airport Thessaloniki Macedonia: (+30) 2310 985000, 473212, 473312
Bus station: (+30) 2310 500111
Urban Transportation of Thessaloniki: (+30) 2310 981100
Train station: (+30) 2310 517517-8
Taxi**:**
Thessaloniki: (+30) 2310 551525
Lefkos Pyrgos: (+30) 2310 214900
Macedonia: (+30) 2310 550500
Megas Alexandros: (+30) 2310 866866
Mercedes Club: (+30) 2310 525000
Omega: (+30) 2310 511855

Kozani Prefecture

Access

By car: The distance from the capital of Kozani Prefecture to Athens is about 480km and to Thessaloniki just 125km and the road network is in a great condition.

By bus: To reach Kozani Prefecture, except with your own mean, you can also use Kozani Buses.
http://www.ktelkozanis.gr/Home.aspx

By train: If you prefer a route among the magnificent nature you can travel by train. For further itineraries and price information:
http://www.trainose.gr/en

By plane: Kozani's airport "Filippos" connects the prefecture with Athens four times a week with a half an hour to forty-five minutes flight.

Useful telephone numbers

Health Services
Ambulances: 166
General Hospital of Kozani "Mamatseio": (+30) 24610 67600
General Hospital "Bodosakeio": (+30) 24630 54000, 54006
Health Center of Tsotyli: (+30) 24683 50000
Health Center of Siatista: (+30) 24653 50000
Health Center of Servia: (+30) 24643 50000
Municipality
Kozani City Hall: (+30) 24613 50300
Municipality of Voio: (+30) 24653 50100
Municipality of Eordaia: (+30) 24633 50100, 50107
Municipality of Velvedo-Servia: (+30) 24643 50104
Police Authorities
Kozani Police Department: (+30) 24610 54420, 54457
Security Department: (+30) 24610 54438
Traffic Department: (+30) 24610 54441
Fire Service, Forestry
Fire Service: 199
Kozani Fire Service: (+30) 24610 26600
Ptolemaida Fire Service: (+30) 24630 81445-6
Kozani Forest Department: (+30) 24610 53448
Kozani Forestry: (+30) 24610 53443
Transportation
Kozani Buses: (+30) 24610 34454
Kozani Railway: (+30) 24610 34563, 36067
Taxi
Kozani: (+30) 24610 40500, 40513, 34605
Neapoli: (+30) 24680 22508
Servia: (+30) 6977824253
Tsotyli: (+30) 24680 31617