



WONDERGREECE

## Discover Western Crete with Natour Lab

Plan Days 3

*Take the path less traveled and experience the difference of traveling like a local.*




By: Wondergreece Traveler




## Day 1

1. Chania   
About region/Main cities & villages
2. Natour Lab Experiences  
Interests & activities/Selected tours
3. Anoskeli Winery & Oil Mill  
Local Products & Gastronomy/Wineries
4. Natour Lab Experiences  
Interests & activities/Selected tours
5. Chania  
About region/Main cities & villages

## Day 2

1. Chania   
About region/Main cities & villages
2. Askifou  
About region/Main cities & villages
3. Ilingas  
Nature/Beaches
4. Aradena Gorge  
Nature/Gorges
5. Anopoli  
About region/Main cities & villages
6. Chania  
About region/Main cities & villages

## Day 3

1. Chania   
About region/Main cities & villages
2. Elafonisi  
Nature/Beaches
3. Milia Mountain Retreat  
Accommodation
4. Chania  
About region/Main cities & villages



## 1. Chania

About region / Main cities & villages



**Απόσταση:**

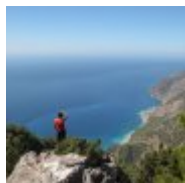
Start -

**Χρόνος:**

-

GPS: N35.51606541887963,  
W24.01803670000004

**Note:** Welcome to Chania! Discover local gastronomy with Natour Lab and their amazing "Kissamos Culinary tour"!



## 2. Natour Lab Experiences

Interests & activities / Selected tours



**Location:**  
Chania

**Contact:**  
T: (+30) 6951 002502

**Απόσταση:**

on foot 1.5km

**Χρόνος:**

18'

GPS: N35.5072971,  
W24.027751800000033

**Note:** The day starts with a visit at a honeybee garden! The owner of the beehive will guide you around the garden and explain the special treatment and handling of the bees (protective equipment provided). Taste some thyme honey and pollen and enjoy the most healthy brunch; local herbal tea with honey, sesame bar with honey, rakomelo (honey based alcohol shot) along with some delicious seasonal fruit!



## 3. Anoskeli Winery & Oil Mill

Local Products & Gastronomy / Wineries



**Location:**  
Anoskeli

**Contact:**  
T: (+30) 28240 83127

**Απόσταση:**

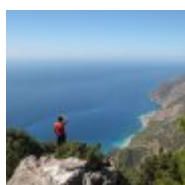
by car 33.3km

**Χρόνος:**

36'

GPS: N35.45991634758184,  
W23.77597483306579

**Note:** Full of energy, time to move on for a tour around the facilities of Anoskeli winery and oil mill. Learn about the wine and olive oil production processes and taste quality wine and extra virgin olive oil with a tasty snack!



## 4. Natour Lab Experiences

Interests & activities / Selected tours



**Location:**  
Chania

**Contact:**  
T: (+30) 6951 002502

**Απόσταση:**

by car 33.3km

**Χρόνος:**

33'

GPS: N35.5072971,  
W24.027751800000033

**Note:** Next stop an authentic Cretan house! Enjoy your lunch at the beautiful yard of the house and taste dishes made of fine traditional products and recipes based on the Cretan nutrition, fresh seasonal salads and local wine. Feel the hospitality and taste the difference of real food prepared just for you.



## 5. Chania

About region / Main cities & villages



**Απόσταση:**

on foot 1.5km

**Χρόνος:**

20'

GPS: N35.51606541887963,  
W24.01803670000004



### 1. Chania

About region / Main cities & villages



**Απόσταση:**

Start -

**Χρόνος:**

-

GPS: N35.51606541887963,  
W24.01803670000004

**Note:** Join Natour Lab for an ultimate road trip to the south - The "Southern Experience" will amaze you!



### 2. Askifou

About region / Main cities & villages



**Απόσταση:**

by car 99.4km

**Χρόνος:**

2h19'

GPS: N35.2000045,  
W24.07866530000001

**Note:** Enjoy the ride and discover the mountainous part of the island. Make a stop at the small village of Askifou and relax while sipping your traditionally made coffee. Don't forget to try the sweet pie made with honey typical of the region of Sfakia.



### 3. Ilingas

Nature / Beaches



**Απόσταση:**

by car 22.4km

**Χρόνος:**

50'

GPS: N35.20227144558764,  
W24.124620154925537

**Note:** The trip continues southwards reaching sea level at Ilingas beach. Time for a relaxing break, swim in the crystal clear waters, relax under the hot sun, let the view and the sound of the glimmering Libyan Sea pervade your senses.



### 4. Aradena Gorge

Nature / Gorges



**Απόσταση:**

by car 14.0km

**Χρόνος:**

23'

GPS: N35.221037762089885,  
W24.060453631738255

**Note:** The road trip continues up the mountain again, to reach the abandoned village of Aradena. Enjoy the view from the high bridge above the gorge. Lay back and relax with a shot of "tsikoudia" or a cup of mountain herbal tea. Later on, wander around the abandoned village and observe its traditional architecture. When you get somewhat hungry, a traditional Cretan lunch will be waiting for you at a local kafenio (cafe)



## 5. Anopoli

About region / Main cities & villages



**Απόσταση:**

by car 3.6km

**Χρόνος:**

07'

GPS: N35.2181628,

W24.08449189999999

**Note:** Last stop before the way back to Chania is the traditional village of Anopolis. The people here are proud and original Cretans. From the chapel of Agia Aikaterini the view of the Cretan landscape and the Libyan sea is stunning! Take a moment and feel the energy of the place, it is unforgettable...

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## 6. Chania

About region / Main cities & villages



**Απόσταση:**

by car 81.0km

**Χρόνος:**

1h46'

GPS: N35.51606541887963,

W24.01803670000004



### 1. Chania

About region / Main cities & villages



**Απόσταση:**

Start -

**Χρόνος:**

-

GPS: N35.51606541887963,  
W24.01803670000004

**Note:** Yet another dive to the natural beauty and the amazing Cretan gastronomy with Natour Lab. Join them for the "Elafonisi



### 2. Elafonisi

Nature / Beaches



**Απόσταση:**

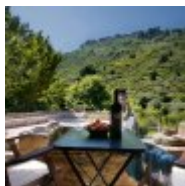
by car 73.2km

**Χρόνος:**

1h29'

GPS: N35.2719081,  
W23.541112500000054

**Note:** The day starts with a visit to an extraordinary place! Crystal clear waters, pink coral sand and a blue lagoon... Try to walk through the shallow turquoise waters of the lagoon to reach to the island across the beach or take a brief trek to the east to reach Kedrodasos beach. The narrow trail is full of an unbelievably hardy tree, the Cretan juniper.



### 3. Milia Mountain Retreat

Accommodation



**Απόσταση:**

by car 27.1km

**Χρόνος:**

46'

GPS: N35.41262041546595,  
W23.664119220484963

**Note:** Next stop an authentic 17th century mountain settlement which has been transformed into one of the world's best eco lodges. Magnificent nature, simplicity, harmony, clean air, warm hospitality, relaxed atmosphere, are all elements that you will feel instantly upon your arrival. Take a walk around the green paths of the village and enjoy the surrounding nature and the sea view in the distance. When you get hungry an authentic Cretan lunch will be waiting for you at the restaurant of Milia.



### 4. Chania

About region / Main cities & villages



**Απόσταση:**

by car 1.5km

**Χρόνος:**

20'

GPS: N35.51606541887963,  
W24.01803670000004

## Chania Prefecture

### Access

**By plane:** The district of Chania has the airport 'Ioannis Daskalogiannis ', 14km from the city of Chania, which is daily connected with the airport ' El. Venizelos" in Athens and ' Macedonia ' in Thessaloniki. The frequency of the itineraries varies depending on the season, with the duration of the flight ranging around 40-50 minutes from Athens and approximately one hour and 15 minutes from Thessaloniki. The airport accepts many charter flights during the summer from several European countries such as Germany, Luxembourg, Italy, Denmark, Britain, Norway, Sweden, the Czech Republic and Finland. You can go from the airport to the city of Chania by bus or by taxi.

**By ferry:** The district of Chania, with the port of Souda (7 km from the city of Chania), has a daily ferry link with the harbor of Piraeus. Most conventional ferries approach the port after 8-9 hours of trip while the high-speed ferries only after 6-7 hours. You can go from the port of Souda to the city of Chania by bus or by taxi. The district, from the port of Kissamos, also has a ferry link with Kythira, Antikythira, Gythio, Kalamata, Piraeus and Monemvasia. Moreover, there is a ferry link from the port of Chora Sfakion with Gavdos Island. The frequency of the itineraries varies depending on the season.

**By car - domestic transportation:** The major cities in Crete as well as the main towns with the villages of the district are connected by interurban buses, which have frequent itineraries. As an indication, the city of Chania is 138km from Heraklion, 60km from Rethymnon and 204km from Agios Nikolaos. In the district, by using the interurban buses it takes about 2 hours from Chania to Sfakia (southeast of the district), 2 hours to Sougia (south of the district), 90 minutes to Paleohora (southwest of the district), 2 hours to the well-known Elafonisi (southwest of the district) and 45 minutes to the Kasteli (northwest of Chania), where the starting point for the bus itineraries to the villages located in the western part of the district is.

Bus station Chania: Square 1866, Chania, Tel: (+30) 28210 93024

Tel: (+30) 28210 93024

[e-ktel.gr](http://e-ktel.gr)

Intercity Buses: Kydonias 73-77, Chania, Tel: (+30) 28210 93306, 93052

[www.bus-service-crete-ktel.com](http://www.bus-service-crete-ktel.com)

Buses for Kissamos: (+30) 28220 22035

Marina of Kissamos: (+30) 28220 22024

### Useful telephone numbers

#### Health Services

Ambulance: 166, (+30) 28210 28667

General Hospital of Chania: (+30) 28210 22000-9

Health Center of Vamos: (+30) 28253 40401

Health Center of Kandanos: (+30) 28233 40000

Health Center of Kissamos: (+30) 28223 40100

Naval Hospital of Souda: (+30) 28210 82000

Regional Medical of Souda: (+30) 28210 23538

Regional Medical Center of the Airport: (+30) 28210 83820

Regional Medical of Armeni: (+30) 28250 41216

Regional Medical of Aroni: (+30) 28210 63336

Regional Medical of Voukolies: (+30) 28240 31204

Regional Medical of Gerani: (+30) 28210 61268

Regional Medical of Kalives: (+30) 28250 31244

Regional Medical of Kolymvari: (+30) 28240 22204

Regional Medical of Kontopouli: (+30) 28210 65211

Regional Medical of Maleme: (+30) 28210 62360

Regional Medical of Meskla: (+30) 28210 67356

Regional Medical of Kydonia: (+30) 28210 38002

Regional Medical of Tauronitis: (+30) 28240 22395



Regional Medical of Sfakia: (+30) 28250 91214

### **Municipalities**

Municipality of Chania: (+30) 28210 92000

Municipal Tourist Office in Chania:(+30) 28210 36155, 36204

### **Police Authorities**

Police: (+30) 28210 25700

Chania Tourist Police: (+30) 28210 28750, 25931

### **Port Authorities**

Port authority of Chania: (+30) 28210 98888

Port authority of Souda: (+30) 28210 89240

Port authority of Kissamos: (+30) 28220 22024

Port authority of Paleochora: (+30) 28230 41214

Port authority of Sfakia: (+30) 28250 91292

### **Transportation**

Chania Airport: (+30) 28210 83800, 83805

Taxi: 'Hermes': (+30) 28210 98700, 98770

'Kydon': (+30) 28210 94300, 87700

Bus station Chania: (+30) 28210 93024

Intercity Buses: (+30) 28210 93306, 93052

Buses for Kissamos: (+30) 28220 22035

### **Other**

Marina of Kissamos: (+30) 28220 22024

Consulate of Germany: 1 Digeni str , Chania Tel: (+30) 28210 68876

Consulate of Denmark, Norway, Sweden: 107A Eleftherios Venizelos str, Chania,

Tel: (+ 30) 28210 57330

Consulate of Italy: 70 Tzanakaki str, Chania, Tel: (+ 30) 28210-27315

Consulate of France: 1866 Square No 14

### **Useful Information**

**Free Wi-Fi:** In the district of Chania, there are 52 so far public spots with Free Wireless Broadband Internet Access (free Wi-Fi Hotspots) in central locations. You will find 18 spots in the area of Chania, 10 in Souda, 8 in Kydonia, 5 in Therissos, 2 in Akrotiri and 9 in the region of El. Venizelos. For more information, contact: (+30) 28213 41706, 41755