WONDERGREECE

To feel Messinia you have to walk!

Plan Days 4

With our base of operations the Altomira village and Moorea Ilia House, we discover the nature of Messinia! Gorges, cobbled roads, bridges compose our days which we explore on foot or flying!

By: Christina Koraki

PLAN SUMMARY

WONDERGREECE

Day 1

1. Moorea - Ilia House
   Accommodation
2. Biliovo cobblestone pavement
   Culture/Monuments & sights
3. Kapetanaki Tower
   Culture/Monuments & sights
4. Mikri Madineia - Akrogiali - Arxodiko
   Nature/Beaches
5. Ano Verga
   Interests & activities/Paragliding
6. Moorea - Ilia House
   Accommodation

Day 2

1. Moorea - Ilia House
   Accommodation
2. Ridomo
   Nature/Gorges
3. Sadova
   Nature/Beaches
4. Mycenaean tholos tomb
   Culture/Archaelogical sites
5. Moorea - Ilia House
   Accommodation

Day 3

1. Moorea - Ilia House
   Accommodation
2. Noupantis gorge
   Interests & activities/Hiking
3. Foneas
   Nature/Beaches
4. Selinitsa
   Nature/Caves
5. Moorea - Ilia House
   Accommodation

Day 4

1. Moorea - Ilia House
   Accommodation
2. Verga - Top Kalathi Mount - Profitis Elias and return
   Interests & activities/Hiking

Day 1

WONDERGREECE



1. Moorea - Ilia House

Accommodation

Απόσταση:
Start -
Χρόνος:
-

GPS: N36.9710685072637, W22.230677984061458

Note: Welcome to Altomira village and Ilia House!



2. Biliovo cobblestone pavement

Culture / Monuments & sights

Απόσταση:
by car 3.2km
Χρόνος:
09΄

GPS: N36.973198542103624, W22.205644927325466

Note: Morning hiking to Sotirianika! You can do it like old times! Through the cobbled stone pavement, Biliovo! In total it will take you about 4 hours with stops for exploration of nature!



3. Kapetanaki Tower

Culture / Monuments & sights

Απόσταση:
by car 8.6km
Χρόνος:
17΄

GPS: N36.975125956303486, W22.176668250198418



4. Mikri Madineia - Akrogiali - Arxodiko

Nature / Beaches

Απόσταση:
by car 7.2km
Χρόνος:
14΄

GPS: N36.98466316299478, W22.149719313627656



5. Ano Verga

Interests & activities / Paragliding

Απόσταση:
by car 15.6km
Χρόνος:
25΄

GPS: N37.0068, W 22.1756

Note: In the afternoon adrenaline rises high! Enjoying views of the Messinian gulf like birds!



6. Moorea - Ilia House

Accommodation

Απόσταση:
by car 10.6km
Χρόνος:
24΄

GPS: N36.9710685072637, W22.230677984061458

Note: Μια γεμάτη μέρα! Ώρα για αφομοίωση όλων αυτών με ένα ρόφημα στο μπαλκόνι του Ilia και θέα το βουνό!

Day 2



1. Moorea - Ilia House

Accommodation

Απόσταση:
Start -
Χρόνος:
-

GPS: N36.9710685072637, W22.230677984061458

Note: We get good breakfast and everything we need for hiking. Water, hat and small snacks!



2. Ridomo

Nature / Gorges

Απόσταση:
by car 31.4km
Χρόνος:
1h07′

GPS: N36.98400637155222, W22.260919890704372

Note: We will descend the gorge to the beach Santova!



3. Sadova

Nature / Beaches

Απόσταση:
by car 28.9km
Χρόνος:
52′

GPS: N36.94776826410982, W22.144751862532075

Note: The best combination! After hiking let yourself to the revitalization of the sea!



4. Mycenaean tholos tomb

Culture / Archaelogical sites

Απόσταση:
by car 7.4km
Χρόνος:
09′

GPS: N36.9377051809526, W22.198243804793492



5. Moorea - Ilia House

Accommodation

Απόσταση:
by car 17.4km
Χρόνος:
32′

GPS: N36.9710685072637, W22.230677984061458

Day 3



1. Moorea - Ilia House

Accommodation

Απόσταση:
Start -
Χρόνος:
-

GPS: N36.9710685072637, W22.230677984061458

2. Noupantis gorge

Interests & activities / Hiking

Note: It will take about five hours to descend the gorge! But in the end you will find yourself on the beautiful beach of Foneas!

Απόσταση:
by car 48.5km
Χρόνος:
1h08′

GPS: N36.88366650596281, W22.283000056344576



3. Foneas

Nature / Beaches

Απόσταση:
by car 15.5km
Χρόνος:
19′

GPS: N36.86741131412579, W22.248141452098025



4. Selinitsa

Nature / Caves

Note: An impressive cave created by an underground river! It is one of the largest in Greece with a length of 2,000 meters near. Definitely worth a visiting.

Απόσταση:
by car 9.6km
Χρόνος:
11′

GPS: N36.80296386523709, W22.297504811578392



5. Moorea - Ilia House

Accommodation

Απόσταση:
by car 19.7km
Χρόνος:
39′

GPS: N36.9710685072637, W22.230677984061458

Day 4



1. Moorea - Ilia House

Accommodation

Απόσταση:
Start -
Χρόνος:
-

GPS: N36.9710685072637, W22.230677984061458

2. Verga - Top Kalathi Mount - Profitis Elias and return

Interests & activities / Hiking

Note: For the end we left the top! Beautiful route with the view at the end coming as a tonic and as a gift after 4 days hiking in Messinia!

Απόσταση:
by car 12.4km
Χρόνος:
38΄

GPS: N36.99902024834985, W22.16871615955506

Messinia Prefecture

Access

By car: The prefecture of Messinia with its capital Kalamata is located in the southern part of Peloponisos. It is surrounded by the prefectures of Arkadia, Lakonia and Ilia. Messinia is 240 kilometers away from Athens and 690 kilometers from Thessaloniki. Patra is 215 kilometers away, Pyrgos 120 kilometers, Tripoli 85 kilometers and Sparta 60 kilometers. Your trip by car will be relatively comfortable as the road network is in a very good condition.

By bus: You can also use the bus as the Messinia buses connect the prefecture with other large cities of Peloponisos, Athens and Thessaloniki. It is also possible to use the buses to move inside the prefecture.
Messinia buses: (+30) 27210 28581
Athens buses: (+30) 210 5120887
www.ktelmessinias.gr/?module=default&pages_id=3&lang=el

By plane: If road trips are too tiring for you, Kalamata has its own airport that is connected with Thessaloniki, Iraklio and Rodes with flights that vary according to the season.
T: (+30) 27210 69696-7

By train: The prefecture is also connected with Athens by train. The itinerary goes through Patra while there is a local railroad that connects cities and villages of the prefecture with each other.
www.ose.gr
www.trainose.gr for ticket purchase

By boat: The port of Kalamata is the only port of the island and is connected with Kithira, Antikithira, Githio and Chania.
Port authorities of Kalamata: (+30) 27210 22218

Local transportations

Marinas: In case you have your own boat, the modern marina in the city of Kalamata can accommodate your needs. Its capacity is 250 ships and is 3 meters deep.
Marina of Kalamata: (+30) 27210 21037, 21054

Useful telephone numbers

Health Services
Ambulances: 166
Hospital of Kalamata: (+30) 27210 46000
Health Centre of Meligala: (+30) 27240 22222, 22844
Health Centre of Messini: (+3) 27220 24751-2
Health Centre of Pilos: (+30) 27230 22315
Health Centre of Filiatra: (+30) 27610 33333
Municipality
Municipality of Kalamata: (+30) 27213 60700
Municipality of Messini: (+30) 27223 60100, 60113, 60161
Municipality of Pilos-Nestoros: (+30) 27233 60200, 60242
Municipality of Trifilia: (+30) 27613 60700, 60790
Municipality of Ichalia: (+30) 27243 60300, 60321
Municipality of Messiniaki Mani: (+30) 27210 73976
Police Authorities
Police: 100
Police department of Kalamata: (+30) 27210 44600, 44654

Tourist police of Kalamata: (+30) 27210 44680-1
Police department of Gargaliani: (+30) 27630 22210
Police department of Meligala: (+30) 27240 22201
Police department of Messini: (+30) 27220 22211
Police department of Pilos: (+30) 27230 22316
Police department of Filiatra: (+30) 27610 34189

Port Authorities

Port Authority of Kalamata: (+30) 27210 22218

Fire Services, forestry

Fire Service: 199
Fire service of Kalamata: (+30) 27210 92100, 28585
Forestry of Kalamata: (+30) 27210 22510
Forestry of Kyparissia: (+30) 27610 22400

Transportation

Kalamata buses: (+30) 27210 28581
Athens buses: (+30) 210 5120887
Kalamata: (+30) 27210 23434 22522 29898 21112 90999
Koroni: (+30) 27250 22281
Kyparissia: (+30) 27610 22666
Methoni: (+30) 27230 31333
Pilos: (+30) 27230 22555
Filiatra: (+30) 27610 32100