

Contact with nature and activities in Ano Chora

Plan Dates 2019-10-05

Stay in the traditional guesthouses "Petrina", hike the signposted trails and get in touch with nature.

By: Wondergreece Traveler

PLAN SUMMARY



Day 1

1. Ano Chora

About region/Main cities & villages

2. Petrina

Accommodation

3. Monastery of Panagia Ampelakiotissa-

Agiou Polikarpou

Culture/Churches & Monasteries

4. Ano Chora

About region/Main cities & villages

5. Ano Chora Folklore Museum

Culture/Museums

6. Petrina

Accommodation

Day 2

1. Petrina

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Accommodation

2. Gorge of Kakavos (Kotsalos)

Nature/Gorges

3. Ano Chora

About region/Main cities & villages

4. Petrina

Accommodation

Day 3

1. Petrina

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Accommodation

2. Nafpaktos

About region/Main cities & villages

3. Nafpaktos Castle

Culture/Castles



1. Ano Chora

About region / Main cities & villages



Απόσταση:

Start -

Χρόνος:

GPS: N38.5908346, W21.924188500000014



2. Petrina Accommodation



Απόσταση:

by car 0.4km

Χρόνος:

05'

GPS: N38.5881619, W21.92586670000003



3. Monastery of Panagia Ampelakiotissa-Agiou Polikarpou Culture / Churches & Monasteries



P Location: Ampelakiotissa

Απόσταση:

by car 14.7km

Χρόνος:

GPS: N38.61351568002673, W21.883873697592207



Note: Visit the monastery of Panagia Ampelakiotissa and learn the history of the monastery perched above a spectacular canyon.

Note: At the entrance of the village on the left you will find "Ta Petrina", traditional guesthouses with incredible views of Kravara! Dimitris will welcome you. Once settled in the guesthouse will give you all what necessary information about the area and all the activities organized in nature at that time.

4. Ano Chora

About region / Main cities & villages

Note: Return to the village for food. Choose one of the 2-3 taverns and eat local goat stew and pies.



Απόσταση:

by car 14.3km

Χρόνος:

GPS: N38.5908346. W21.924188500000014



5. Ano Chora Folklore Museum Culture / Museums



Απόσταση: on foot 0.1km

PLocation:

Ano Chora

Χρόνος:

02'

GPS: N38.59105892182332, W21.925416951728835

Note: In the afternoon we suggest a walk in the village, find the "Carnavalo" next to Agia Paraskevi, a visit to the folklore museum of the village and a walk to the waterfall!



6. Petrina Accommodation



Απόσταση: on foot 0.5km **Χρόνος:** 07′

GPS: N38.5881619, W21.92586670000003

Note: Return to your room for a glass of wine by the fireplace!





1. Petrina
Accommodation



Απόσταση:

Start -

Χρόνος:

GPS: N38.5881619, W21.92586670000003

Note: Wake up in the morning and get your breakfast on the balcony! Get ready for a day of activities in nature. Walk in the forest located above the hotel and collect chestnuts and mushrooms or simply enjoy walking or cycling in nature.



2. Gorge of Kakavos (Kotsalos) Nature / Gorges



Απόσταση:

by car 2.6km **Χρόνος:**

46′

GPS: N38.59970894516412, W21.923536001196226

Note: If you love hiking, follow the signs and walk the Kakavos Gorge. During the celebration of the Holy Spirit the Karavara Tournament is organized, a 20km hike to Kravara that begins and ends in the village where a feast of treats is organized.

3. Ano Chora

About region / Main cities & villages

Note: The hour after such a walk imposes well-cooked food in the village!



Απόσταση:

by car 2.2km **Χρόνος:**

33′

GPS: N38.5908346, W21.924188500000014



4. PetrinaAccommodation



Απόσταση:

on foot 0.4km

Χρόνος:

05′

GPS: N38.5881619, W21.92586670000003

Note: Before returning to your room, try traditional pastries and buy local home-made products.





stroll.

1. Petrina
Accommodation



Aπόσταση: Start -

Χρόνος:

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GPS: N38.5881619, W21.92586670000003



2. Nafpaktos About region / Main cities & villages

Note: Last breakfast in Ano Chora. Enjoy nature with a last



Απόσταση:by car 51.4km **Χρόνος:**

1h15′

GPS: N38.39455836256658, W21.835387884130796



3. Nafpaktos Castle
Culture / Castles

Note: Returning to your base stop at picturesque Nafpaktos. Take a stroll and enjoy your coffee at Lepanto Beach.



Απόσταση: on foot 1.8km **Χρόνος:** 27′

GPS: N38.39622327619726, W21.82532423590692

Note: Before leaving, climb the picturesque castle and enjoy the view from the top!!

Πρόσβαση και Χρήσιμες πληροφορίες



Aetoloakarnania Prefecture

Access

By car: It is the largest prefecture of Greece with a relatively good road system and is about 4 hours away from Athens. To get there you have to go towards Patra and cross the bridge of Rio-Antirrio. Of course the distance from Thessaloniki is much longer as you need 405 kilometers to get there. Patra is 80 kilometers away, Arta 85 kilometers and Preveza 100 kilometers.

By bus: The buses of Aetoloakarnania with their often timetable can accommodate your needs for transportation to Athens, Patra and other big cities of the country. In addition, there are routes inside the prefecture.

Agrinio buses: (+30) 26410 57371 Thessaloniki buses: (+30) 2310 595432 Athens buses: (+30) 210 5120887

http://www.ktel-aitol.gr/

By boat: The prefecture has a small harbor in Astakos that is connected with the ionian islands of Ithaki and Kefallinia. The timetable is quite often, especially during the summer months, towards Kefallinia and Ithaki and the distances are short. http://www.ionionpelagos.com/el

Marinas: If you travel by your own boat, there are quite a lot safe harbors where you can tie your boat up and get supplies, like those in Astakos, Mytikas, Palairos and Vonitsa. Moreover, during the past few years, there is a modern marina operating in Messolonghi where you can also repair your boat.

www.messolonghimarina.com

Useful Telephone Numbers

Health Services

General hospital of Agrinio: (+30) 26413 61251 General hospital of Messolonghi: (+30) 26310 27413 Health center of Thermo: (+30) 26443 60000 Health center of Amfilochia: (+30) 26420 23914 Health Center of Ano Chora: (+30) 26340 41344

Municipalities

Municipality of Messolonghi: (+30) 26310 55460 Municipality of Agrinio: (+30) 26413 60303/60300 Municipality of Xiromero: (+30) 26463 60536 Municipality of Astakos: (+30) 26463 60500 Municipality of Nafpaktia: (+30) 26340 27239 Municipality of Amfilochia: (+30) 26423 60400-1

Police authorities

Police: 100

Police department of Agrinio: (+30) 26410 30184/59717/23143

Traffic police of Agrinio: (+30) 26410 13163

Police department of Messolonghi: (+30) 26310 55715 Touristic police of Messolonghi: (+30) 26310 55739 Police department of Nafpaktos: (+30) 26340 27258 Police department of Amfilochia: (+30) 26420 22222 Police department of Vonitsa: (+30) 26430 22100

Port authorities

Port authority of Astakos: (+30) 26460 22340

Port authority of Kefallonia (Sami): (+30) 26740 22031

Port authority of Ithaki: (+30) 26740 32909

Fire brigade, forestry

Fire brigade: 199

Fire department of Agrinio: (+30) 26410 28666, 57181, 57183 Fire department of Messolonghi: (+30) 26310 28787 25095

Fire department of Nafpaktos: (+30) 26340 27618

Fire department of Amfilochia: (+30) 26420 22010 22013

Forestry of Agrinio: (+30) 26410 24804 Forestry of Messolonghi: (+30) 26310 28878 Forestry of Nafpaktos: (+30) 26340 22014

Transportation

Agrinio bus station: (+30) 26410 57371 Thessaloniki bus station: (+30) 2310 595432 Athens bus station: (+30) 210 5120887 Patra bus station: (+30) 2610 623888

Taxi

Agrinio: (+30) 26410 61800 62000 Messolonghi: (+30) 26310 22655 39755

Nafpaktos: (+30) 26340 25111 Vonitsa: (+30) 26430 22200 22700